

MH Marillac Health

Committed to a Healthier You.

News for Friends of Marillac • Winter 2024

What is Integrated Care and Why Do We Care?

There are many things about Marillac Health that make it unique and different from all other offices that provide primary health care in Mesa County, but two items rise to the top.

#1: We cannot and do not turn anyone away seeking health care at Marillac. In fact, we care for everyone of any age, gender, ethnicity, and race, no matter how much money they make or if they have insurance or not.

#2: We follow a philosophy and care model called Integrated Care.

Reason #1 encourages patient use of the clinic by reducing financial barriers, the number one reason people do not get health care, Marillac offers a Sliding Fee Discount Program which makes care affordable while giving patients a sense of investment in their health and health care.

Reason #2 is the method by which people become healthy once cared for by our health professionals.

At Marillac, integration happens between what we traditionally think of as separate service lines -- medical, dental, and mental health -- and in the delivery of care at the patient level. There is active and intentional coordination of care around the needs of our patients that takes place during daily Care Team huddles, where individual patient care is assessed, discussed, and planned. Interdisciplinary Teams address all health indicators and needs including diabetes, cardiovascular disease, cancer screenings, pre- and perinatal care, child health, oral health, and behavioral health, to name a few. Care may include in-clinic care and/or outside referrals to a specialist partner.

Our patients are pleasantly surprised to be told that, as a Marillac patient, they will have access not only to medical care, but to dental and behavioral health care as well. And even when they hear it, it doesn't become real until they experience it.

Since health is influenced by many external factors that we think of as more socially induced, **treatment plans must include consideration of social determinants of health (SDoH) which are those physical, geographical, cultural, or financial barriers that can inhibit access to and engagement in care.** SDoH's are strong predictors of poor health outcomes, which is why Marillac staff and Care Teams include Patient Navigators, Eligibility Assistants, and Case Managers who, with the patient's consent, aid with financials, transportation, housing, food, clothing, job training, and other resources.



"I first came to the dental clinic, but now I use the medical and behavioral providers as well. The best part of Marillac is feeling like I am part of a family."

—Karla, patient

The attention that comes when a dentist connects a patient with a BH Specialist because of their expressed anxiety, or a PA brings in a Case Manager to meet with a patient who hasn't had heat in their home all month, helps build trust between the patient and caregiver, which can lead to good health and independence.

It is the integration of systems and caring individuals that makes Marillac unique in its ability to meet the needs of our community of patients who are our neighbors, our community.



Support Mental Health Care at Marillac – Play Texas Hold 'em at Cards for a Cause Fundraiser

The Evening Group of the Rotary Club of Grand Junction cares deeply about the mental health of our community's youth. And they know that **students at CHS who visit the Warrior Wellness Center are benefiting from evidence-based counseling and support that Marillac's care team provides there.** That's why they decided to initiate a new fundraiser! Invite a friend or two and join the fun!
Scan the QR code for details and registration or visit bit.ly/3Telj1N

Moving with Care Into Montrose

On January 1, 2024, Marillac legally acquired The PIC Place, a non-profit health clinic that has served the people of Montrose and surrounding communities since 2002 providing primary medical, behavioral, dental, and optical health care. **Like Marillac, PIC began as a grassroots organization to serve vulnerable people who struggled to obtain and afford health care.** PIC realized that becoming aligned with a Federally Qualified Health Center (FQHC) was a necessary step to sustain, maintain, and grow their care for patients. PIC is now officially a Marillac care site, with all its 33 professional and capable employees. And the best part of all is that 3,400 persons residing in Montrose and Delta counties will continue to receive high quality, affordable health care close to home with a few added benefits that Marillac brings with its FQHC designation.



In the near future, we look forward to introducing you to this beautiful facility and its talented workforce.



Save the Date

Wine Country Inn is going all out once again to bring two indulgent events in April

a Palisade Culinary, Wine and Spirits Adventure

Edesia Wine Dinner | Saturday | April 6, 2024

Edesia Adventure | Sunday | April 7, 2024

Learn more and register for the Wine Dinner or Adventure at

EdesiaPalisade.com



The Women Gave!

It means so much to Marillac to have won financial support from the Giving Club in **November!** With nearly 250 members committed to each donating \$100 to Marillac, we have been told to expect **nearly \$25,000 in our bank account when all is said and done.** This vote is validation of the high-quality professional care delivered to the 12,000 patients at our Mesa County clinics. **Thank you, Giving Clubbers! Learn more about The Giving Club at GJGivingClub.org.**

Turn your vehicle into health care

Whether it is running or not, your old car, boat, RV or ATV can help fuel Marillac. The process is easy because we partner with Cars Helping Charities. You contact them directly and they take care of the logistics including free towing and sale. All you need is the title. To get started, visit our donation page on Cars Helping Charities' website (bitoly/3HcbFaP) and enter your information, or call 1-866-701-2277.

"Getting rid of my car as a donation was easier than I thought it would be! I called, arranged a date to get it towed, they showed up on time, and we were good to go. Two weeks later I received notification of the sale and the amount that would go to Marillac. It was a great way for me to give more than I thought I could!" – A happy car donor



Thank you to everyone who gave!

Colorado Gives Day was another successful day of fundraising for Marillac. Seventy-four individuals made online donations, securing us additional funds through the \$1M Incentive Fund and raising nearly \$16,000. All support means affordable care for patients who need it.



*"I love being part of a treatment team;
I see people's health change completely with support from us.
Every one of our patients deserves to be healthy and happy, and I believe we can help them achieve that."*

– Andrew, Behavioral Health Provider

Paper or Email? You Choose.

One year from now we hope to be mailing fewer paper newsletters and sending more emails, thereby spending less money on printing and mailing. But we want you to receive our newsletters the way you want, so we need to hear from you! Please use the enclosed insert to communicate or give Martha a call at 970-200-1628.

To make a donation or to discuss leaving a gift in your will or estate, visit MarillacHealth.org/Donate or call Martha Graf at 970.200.1628.